

BLUE BERET



Exercise RED RUNNER

Nicosia, 17 September 2015 – The Buffer Zone has divided the island for decades, but two soldiers from the UK 3 Black Scots Contingent recently found a great way to use it to bring people together for a cause. CSgt Billy Carnegie of the Military Force Reserve (MFR) planned a three-day endurance run, dubbed Exercise RED RUNNER, which raised €2500 for three charities.

Accompanied by an MFR colleague and a five-man support team, CSgt Billy Carnegie braved the elements to run a 176km route through the Buffer Zone over three nights, running 76km on the night of 14 September, 60km on 15 September and 40km on 16 September. The route began at Observation Post (OP) 8 and ended at OP 146.

On the final night, Chief of Staff Col Tim Wildish and Commanding Officer Sector 2 Lt Col Al Steeley joined the soldiers for a portion of the run. Members of the UN Peacekeeping Force in Cyprus (UNFICYP) joined the runners along the way, while a patrol unit assisted them in navigating the urban terrain.

CSgt Billy Carnegie's initiative raised €2500 out of a goal of €3000 for CLIC Sargent, a UK-based charity that supports children with cancer, the ARMY Benevolent Fund, a UK-based charity that supports soldiers and their families, and the Karaiskakio Foundation, a Cyprus-based charity that supports leukaemia patients.



From Left: CSgt Billy Carnegie & Capt Hawke Luke

If you are interested in supporting this important initiative, please visit www.justgiving.com/BZRun and make a donation.

To hear more from CSgt Billy Carnegie about the scale of the challenge and why he needs your support, visit this link: <https://www.youtube.com/watch?v=4-vk5bscayk&feature=youtu.be>



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