

# THE BLUE BERET



OCTOBER 198



## FORCE COMMANDER'S COMMENDATIONS

### FIRE OFFICER COMMENDED FOR BRAVERY DURING A FIRE IN UNPA



The Force Commander presents his commendation to Capt Ray Brooks for his bravery whilst escorting fire fighting soldiers from a minefield on 8th June 89.

Capt Brooks, in his capacity of fire officer, was in command of fire fighting operations on the edge of a minefield left since 1974, when he noticed soldiers walking towards him, unaware of the danger. Without regard for his own safety, Capt Brooks entered the minefield and led the soldiers to a clear area where a helicopter was able to lower and carry them to safety.

Capt Brooks' action undoubtedly prevented injury or death of the soldiers involved.

### UNFICYP OFFICER COMMENDED FOR SAVING GIRL'S LIFE

UNFICYP Chief of Staff Brigadier Walter Courage (left) presents the Force Commander's commendation to Capt Guy Pomroy for his prompt action which helped save the life of a girl who collapsed in crowd of demonstrators at Foxtrot gate on 22nd July.

Capt Pomroy, of UNFICYP Support Regiment, quickly assessed that girl was unconscious and had stopped breathing. He began to give her exhaled air resuscitation, and continued despite hecklers in the crowd, some of whom tried to stop him from giving first aid. After about 15 minutes, emergency services arrived with oxygen breathing apparatus. The girl was taken to a Nicosia Hospital and made a full recovery.



Captain Pomroy's "prompt and effective action" undoubtedly saved the girl's life, said the

commendation by the Force Commander, Maj. Gen. Clive Milner.



VOLUME 26 NUMBER 10

OCTOBER

1989

Published monthly by the Military Public Information Office of the United Nations Force in Cyprus, HQ UNFICYP  
P.O.Box 1642, Nicosia, Cyprus  
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The Blue Beret is the house journal of the United Nations Force in Cyprus and as such, is intended to provide a source of information on current events within the force, on UN matters of general interest and on local tourist advice.

Articles of general interest are invited from all members of the Force. Photographs should be in black and white on glossy paper size 160mm by 210mm. This is an official publication prepared under the direction of the Force Commander. The views expressed are, however, those of the author concerned and do not necessarily conform with official policy.

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#### Front cover

FSC SQN  
ON PATROL

by: SSgt K Webster

## Editorial

Now that the weather is getting a little cooler and the beaches are losing their appeal, the towns and mountains of Cyprus become a very attractive proposition for a leisurely stroll or to take in some of the history and culture of the Island.

The Museum in Nicosia houses most of the very important art treasures of Cyprus and is well worth a visit. Small villages clinging precariously to a hillside offer the visitor a true picture of life in Cyprus as it has been for generations.

Another indication that summer is fast becoming just a memory is that UNFICYP Christmas Cards go on sale this month. Congratulations to Mrs Angela Smith and SSgt Ken Webster on providing the winning entry. A special thank you to all who entered and finally may we encourage you to purchase these cards as all proceeds go to the UNFICYP welfare account.

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## THE DANCON INFIRMARY

"An article to the Blue Beret magazine...", the Senior Personnel Officer said and looked around at us in the Officer's Mess. Everyone tried either to ignore him or to look in their Time Managers with a serious or troubled look on their faces. I tried to see what I had written on my calendar — '181 days left until I go home,' and '3 days left until pay-round'. Two minutes later I was assigned for the job. It is amazing how I always get left 'holding the baby'. "Write something about the infirmary and the thrilling job you have there". I looked at him with a question mark written on my forehead, took a pencil and began...

The DANCON Infirmary serves approximately 350 Danish UN soldiers, labourers who work on the camp, a vast number of cats and a pet dog in Charlie Camp.

Who are we? We are two doctors (medical officers): Papa-doc



Infirmary staff. From left to right: Peter Vedtofte (Baby-doc), Kaj Kunz (Staff Sergeant), Kent D Johansen, Svend Soerensen, Peter von Kohl, Flemming Hermansen, Palle Jeppesen (Papa-doc). (Missing — Allan V Jensen).



(SMO) and Baby-doc. At the moment we are a very young team, two doctors fresh out of the University of Copenhagen, hence some prefer to entitle us 'Baby-doc' and 'Infant-doc'. We are doing our military service, thus spending six of our thirteen months in the Danish Army on this island. Besides the doctors we have a staff sergeant and five medical assistants. We work in rotation with one doctor, one infirmary guard, a driver and an ambulance on stand-by and a medical assistant ready for action 24 hours a day.

The infirmary has opening hours from 0730 to 1230 hours. On an average day we see about ten to fifteen patients. The clientele presents a wide range of ailments, resembling that found in a general practice: sports injuries, ear, nose and throat problems, and so on. In cases of more serious problems we send patients to TPMH, RAF Akrotiri, either by helicopter or by one of



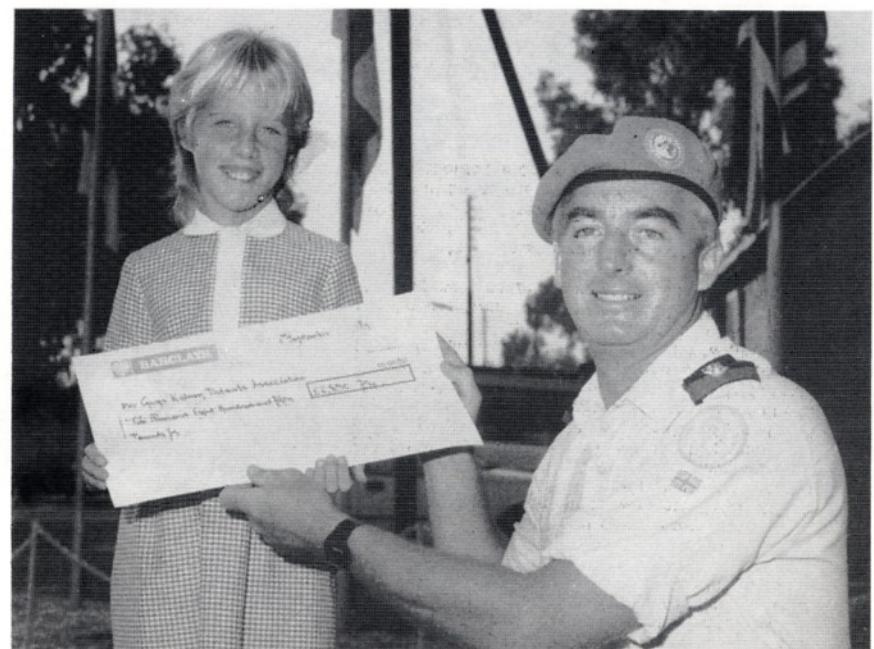
The vaccination programme not only includes the soldiers!

our two ambulances. Besides our daily routine work we carry out a vaccination programme. All soldiers receive a vaccination against Hepatitis A every third month. Furthermore we make some hygiene inspections in the camps and observation posts. When I visit I bring either injections or a lifted index finger so I am not always popular! The infirmary are also responsible for testing water in the camps.

## UNFICYP RAISES MONEY FOR CHARITY

A three month charity drive by members of UNFICYP took place between March and May of this year in aid of 'THE KIDNEY PATIENTS' ASSOCIATION OF GUY'S HOSPITAL £S1,000,000 APPEAL'. The Association, which lists Sir Gerald Vaughan, Esther Rantzen and Michael Caine amongst its patrons, aims to raise £S1,000,000 through sponsorship by March 1990 in order to fund the building of a dedicated kidney unit which will primarily be used to provide treatment for children suffering from kidney disorders.

Adding all the money raised, together with the many generous cash donations that were received, not only from units within UNFICYP, but also from numerous firms in Cyprus, a total of £S2850.75 has been raised for the Appeal, and our picture shows Kathryn Porter, the 11 year old daughter of WO1 (Cdr) and Mrs Porter, handing over the presentation cheque to Lt Col John Smedley, CO UNFICYP Support Regiment, who received it on behalf of the Association. Kathryn herself suffers with kidney trouble and has been a patient at Guy's Hospital since she was born and will be one of the many children to benefit from the



Kathryn Porter, the 11 year old daughter of WO1 (Cdr) and Mrs Porter handing over the presentation cheque to Lt Col Smedley.

money raised by the Appeal. WO1 (Cdr) Henry Porter and his wife Jane, were the organisers of the 'drive' for the charity.

Finally, a big "thank you" must go to everyone who contributed towards the charity drive whose unselfish generosity made it all possible. Many children suffering from kidney disorders will now have a better chance to lead as normal a life as possible as a result. THANK YOU FOR HELPING THOSE LESS FORTUNATE THAN YOURSELVES.

dentists, who examine the staff who wish to stay for a further six months. In the case of dental emergencies we have the privilege to send our patients to the BRITCON dentist. BRITCON also provide us with X-Ray facilities which we are able to use for fractures in the small bones of hands and feet.

To optimise the readiness of action we hold evacuation exercises, sometimes with the help of helicopters from the RAF. These exercises are of great im-

portance, ensuring that the Xeros main camp are able to deliver a life-saving service.

So what do I get out of my stay? An interesting experience on a beautiful island. Professionally I might have learned more in a Danish hospital, but from a personal point of view the stay gives you qualities that are hard to obtain elsewhere: leadership, independence and an expansion of my psychological knowledge.

By: Captain Palle Bekker Jeppesen  
Senior Medical Officer DANCON





Members of 1 RCR on the Change of Command parade.

## CHANGE OF COMMAND IN SECTOR THREE

On September 7th The Royal Canadian Dragoons completed their six month UNFICYP tour by handing over control of Sector Three to the First Battalion, The Royal Canadian Regiment.



The 1 RCR Colours Party.

The Change of Command Ceremony commenced at 0900 hours as 36 Dragoons and 36 Royals formed up in two guards on the Jasmin Terrace of the Ledra Palace. The Guidon Party of the RCD marched on parade as Lt Col M.W. Appleton prepared to sign-over control of the Sector to Lt Col N.M. Pettis. Once all the papers had been witnessed, the Force Commander UNFICYP, Maj Gen C Milner said a few words thanking the RCD for their excellent service and welcoming the First Battalion. The Dragoon Guidon was marched off parade to return home to Canada and the Colours of 1RCR were marched on.

While OP SNOWGOOSE 51 marked the first time that the Dragoons have come to Cyprus as a regiment, OP SNOWGOOSE 52 is the fifth tour for 1RCR, their last tour was in 1985.

The RCD enjoyed their six months as part of UNFICYP and would like to thank everyone for their hospitality, assistance and friendship during the tour.

The RCR are looking forward to an equally successful and enjoyable tour, and they hope to foster the same friendships and portray the same professionalism as the RCD did.

Dragoons!  
PRO PATRIA

## A DAY IN THE LIFE OF.....

The bedclothes (if any) stick to skin already wet before the sun climbs over the mountain range to bake the red soil again. Smell is the most active sense, and it can warn you of blocked drains and bad food before disaster unfolds. Tuesday morning lazily unfurls itself over the mountains and the physical effort required to fire the dehydrated body into life calls upon unknown reserves.

There is no pain as the feet pad the uneven surface of an uncharted road, or at least not for the first 200 yards. As you run you wake, as you wake you realise another day has dawned. Nothing has changed for 2000 years. The run finishes. The neolithic shower is as hot as the hair drier wind outside, despite it being the cold tap in use.

The donning of the camouflage uniform sends an immediate signal to the cerebellum to start sweating again. Placing your laundry under your arm and setting off for breakfast you gulp warm air. The day has begun and you feel tired. The simple order of 'bacon and eggs' is transmitted and received as 'sausage and beans' by the well meaning staff. The tea is hot, too hot.

Eyes are peculiar, as people look for interest in them as you enter your palace. You use the same eyes to scan for changes in your OP, your office, your vehicle, there are not any.

Everyone complains about the lack of coffee or at least someone to make it and the smallest man always does. The hand wants to swat the fly that is spitting on your food, but, quick, decisive moves are banned as the day moves along in slow time to the music of crickets and electric fans.

Cyprus in the UN role can call upon rarely used areas of thought and discipline. Compo-

sure, diplomacy, forethought and an ability to think simple things through in three dimensions, are of the essence.

To the wandering mind and less alert one would think that the hand was scalded by a deliberate action. But this was not so.

men are smiling as the day closes, but the day can, and always does end with a disaster. "My laundry has not been returned", "The telephone is out of order", "Rats are caught up in the wall cavity again".

As the digestive system wres-



Calling upon unknown reserves.

The arm and hand were rested on bare, hot metal, a mistake we all do in this job when climbing in and out of vehicles. The heat is the only enemy combined with many irritations.

The rewards of a good day, job well done are more administrative than tactical or physical. "The report was correct", "The procedure was as per the manual" and "The reaction and response acceptable".

Many proformae, procedure and systems are used to achieve the goal. Most of the time people smile, but is it real? The same



The 1939 bed.



# THE CHARGE OF THE LIGHT BRIGADE

This month is the anniversary of the 13/18th Royal Hussars most famous Battle Honour, Balaklava. On the 25th October 1854, the 13th Light Dragoons, in the 'Position of Honour' on the right of the first line, took part in the Charge of the Light Brigade at Balaklava.

On that day, the Russians, advancing to cut off the British base at the port of Balaklava, captured some guns on the Causeway Heights, which had been manned by the Turks. Soon afterwards the Allied Commander in Chief, Lord Raglan, standing on a hill overlooking the whole battlefield, noticed that the Russians were trying to drag away the guns they had recently cap-

tured. He at once sent a written order to Lord Lucan, who commanded the British Cavalry. The order read "The Cavalry is to advance rapidly and try to prevent the enemy from carrying away the guns". Lord Lucan was out of sight of the guns on the Causeway Heights, and could only see a battery of Russian Guns, nearly two miles away at the end of the valley; it was ironically against the latter guns that he ordered Lord Cardigan to lead the Light Brigade.

Owing to sickness and casualties, the Brigade only mustered 673 all ranks, and the 13th Light Dragoons (later the 13th Hussars) had been reduced to 8 officers and just over 100 other

ranks. For the charge the Brigade was formed in three lines:

1st line — 13th Light Dragoons on the right, 17th Lancers on the left (currently based at Episkopi)  
 2nd line — 11th Hussars (now the Royal Hussars)  
 3rd line — 8th Hussars on the right (now Queen's Royal Irish Hussars), 4th Hussars on the left.

Led by their Commander, Lord Cardigan, the five Regiments advanced down the long valley. In front was a battery of Russian guns and a large force of Russian Cavalry; on the right the guns held by the Russians on the Causeway Heights, and on the left, more Russian guns and Infantry. Through a storm of shot

and shell, the British Cavalry charged down the valley, they rode through the battery of Russian guns, cutting down the gunners as they passed, and then into the Russian Cavalry beyond. Finally, having put the Russians to flight, they returned up the valley disorganised and exhausted.

The Light Brigade, reputedly the finest Cavalry Brigade ever

assembled had been practically destroyed. When the remnants reformed, the 13th was represented by 1 officer and 14 men. L/Sgt Malone of the Regiment, at great risk to himself, carried a wounded officer of the 17th Lancers out of danger, and was awarded the Victoria Cross.

The Brigade had been sacrificed to little purpose; the Rus-

sian Cavalry however, were so shaken that they could not be made to face the British Cavalry again. The officers and men of the Light Brigade obeyed their orders with splendid courage, devotion and steadiness and it is no wonder that, in the Regiments which formed the Brigade, the memory of Balaklava is held in everlasting honour.

## FSC SQN UPDATE

*Below right: The FSC football team who drew 2-2 with 4 RTR in a friendly game at the end of August.*

*Right: Some of the members of FSC Sqn on completion of the DANCON March in September. Pictured here from left to right are: Lt Mangles, Capt Scott-Masson, Capt Reel, Lt Scott-Bell, Cpl Gelately, Cfn Clear and Tpr Blight.*



*Above: The new edition to the FSC Sqn, a Springer Spaniel called 'Gem'. She resides in the officer's Mess and we wish her all the best for the remainder of her tour.*



## ALL CHANGE FOR RSMS IN SP REGT



*The handover of WO1 (RSM) Hood 17/21L to WO1 (RSM) Taylor 16/5L took place on 8th September 1989.*

## AUSTCIVPOL NEWS

At the risk of sounding like Dame Nellie Melba or Shirley Bassey, both whom had so many farewell performances, I am still in Cyprus. I never was naive enough to believe that I was indispensable but was delighted when Commander Mills invited me to remain until the 1st November. So to those of you who read last month's magazine and breathed a sigh of relief that the Australian correspondent was finally leaving, I do apologise.

The Officer Corps at AUSTCIVPOL is now up to full strength with the arrival of Mr McGufficke and his wife Suzanne and more recently Mr Bob Bradley, his wife Judy and their daughter Nicole. I hope your stay on the Island is as happy and memorable as mine has been.

In August the Australians assisted the Military police team in the UNFICYP swimming competition where Sergeant Mick Banach won the 50 metres freestyle sprint and came second in the butterfly and backstroke and Superintendent Garry McGufficke won the over 40's sprint. Both these champions started a short "Learn to Swim" campaign afterwards which proved to be very popular with all participants.

Speaking of participation, I have just completed my fourth DANCON March. I would like to thank the members of DANCON for holding such an event because my duty keeps me close to our Headquarters at the disused Nicosia airport, which is like an Australian country (ghost) town that the main road has bypassed. I look forward to the DANCON March where I meet and make friends with people from other Contingents and share with them their trials and tribulations. I have witnessed in some instances acts of courage

and selflessness during the March. Well done DANCON. I would strongly recommend to the members of the 31st Australian Police Contingent who arrived on the 12th September to participate and to start training now because success on the Island is guaranteed to those who participate.



**The photograph shows the author and some of his friends, both local and United Nations participating last year!!!?**

When you have two farewell performances you can justify a little license because I would like to say thank you to the office bearers, all members and our friends of the AUSTCIVPOL Mess from the 29th and 30th Contingents who assisted me as the President of the Mess Committee and to remind one and all who can behave themselves that they are always welcome at our

Happy Hours every Saturday evening.

One of our members brought a pair of thongs with him from Australia. (Thongs being what the British call flip Flops and the Japanese call ghettas — a type of rubber slipper). He has worn this pair to a frazzle. When asked when he was getting another pair

shepherd caught in the barbed wire near Patricia Gate. The members set off seeking either a Turkish or Greek shepherd but on arrival found the transgressor to be a German shepherd.

In conclusion I would like to quote another article from an Australian newspaper. "A Hawksbury youngster who was tardy in getting to school because he had to help his sister

round up some straying poddy calves, told his teacher he was late because, "My sister was having trouble keeping her calves together".

## CHICHESTER MARCH 1989

On the 6th Aug 1989 three members of the UNFICYP MP Coy took part in the "Royal Military Police & City of Chichester International March" which is held every year in England since 1977. The three who took part are all serving with Ayia Napa Detachment and were WO2 John Larsen/DANCON, Sgt Peter Andreasen/DANCON and Cpl Andy Stainton/BRITCON. The three marchers did the march in national combat uniform with the blue beret and carrying the UN flag. All expenses including transport to and from England came out of their own pockets.

A little about the history behind the March:

On July 31, 1977, an International March was held as part of the centenary celebrations of the Royal Military Police. This attracted some 3000 marchers (7500 in 1988), military and civilian from the UK, Europe, Canada and the USA. The event was so successful that a further march was held on 6th August 1978, being jointly organized by the Royal Military Police, The Mayor of Chichester, and local organizations. The March has now become so popular that the organizers have decided to make it an annual event.

The aim of the march is to encourage physical well-being and improve and maintain the spirit of international goodwill and friendship generated by the 1977 March.

Participants may enter for a choice of distances (12, 25, or



*From left to right: WO2 Larsen, Sgt Andreasen and Cpl Stainton.*

40 km). The starts are staggered throughout the morning from 0730 hrs with the 40 Km start. This way most marchers will all finish around the same time in the afternoon. This year we went for the 25 Km route.

After a short rest after the March, and a welcome shower and change of clothing, all participants are invited to take part in a formal march past through the City of Chichester behind civilian and military bands. Everyone who completes the chosen distance receives a commemorative medal. A limited number of team and individual prizes are also awarded.



## SPECTACULAR MOUNTING OF AN ANTENNA IN SECT 4



WO1 Hafner (with glasses) and WO2 McCaldon

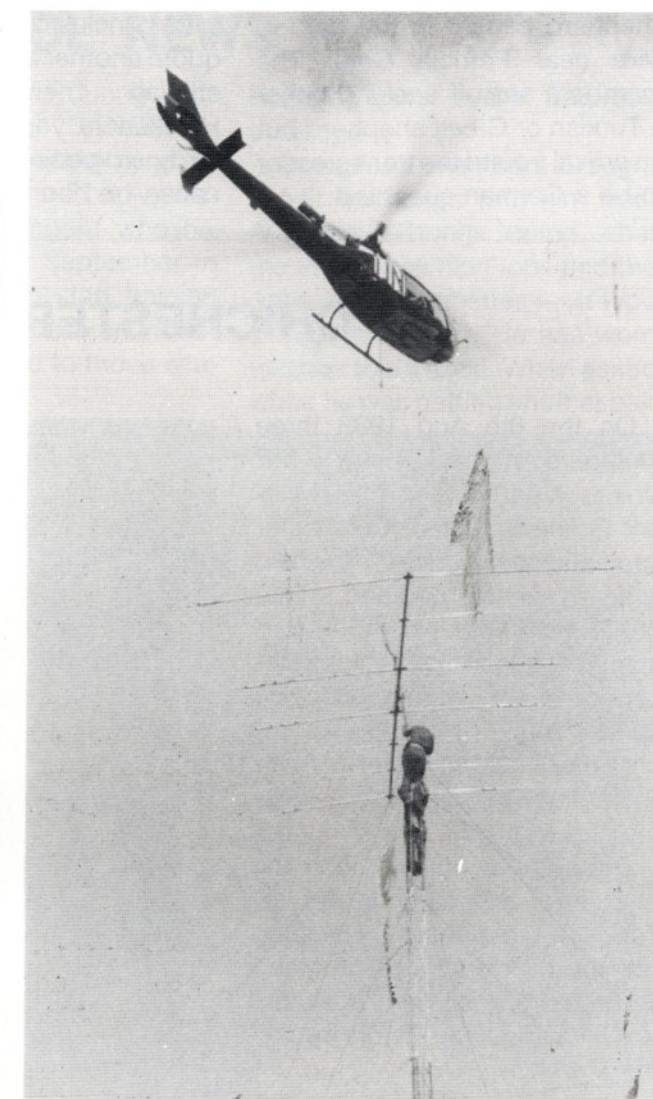
In a very spectacular way UN-helicopter pilot WO2 McCaldon mounted a TH 7 — Dxx antenna at Camp Duke Leopold V, which had recently been repaired. He manoeuvred his Gazelle exactly above a 75 foot high mast whilst WO1 Hafner fixed it to the mast by hand after climbing on top of it.

## UN MP COY MINI MEDAL PARADE

On 11th August 89 the UN MP Coy held a mini medal parade where ten members were presented with UN medals by Brig W. Courage, COS. A reception in the MP Lounge followed the parade.



Fixing the antenna to the mast.



Fixing the antenna to the mast.

## WO'S AND SGT'S MESS TROODOS CHARITY RUN



Recently a team of 8 runners from the WO's and Sgt's Mess of 97 Field Battery (Lawson's Company) RA carried out a relay in aid of charity. The team ran from the Box Factory to the top of Mt Olympus (6404 feet) to raise money for the family of Cpl Smith 1RTR who was murdered recently in Hannover, West Germany.

Team members were WO2 Jimmy Bond, WO2 Steve Thompson, WO2 Vince Williams, SSgt Keith Armstrong, Sgt Mala Burns, Sgt Mark Tapping, Sgt Jack Kemp and Sgt Jack Frost.

Leaving the Box Factory at 0120 hours the team arrived at the top of Mt Olympus 4 hours and 4 minutes later. Following a lengthy photo call with the UN photographer the team began the long descent back to the Box Factory. The return journey took 3 hours 20 minutes to complete. The total distance covered was 64 miles.

Until all sponsorship forms are collected in it is not known how much money has been raised.



The team on Mount Olympus. Front row from left to right: Sgt Kemp, Sgt Tapping, Sgt Frost and Sgt Burns. Back row from left to right: SSgt Armstrong, WO2

Thompson, WO2 Williams and WO2 (BSM) Bond. Sitting on the Land Rover are the support team: Gnr Headlem and Gnr Skews.

## CEPO RETIRES

The recent retirement of our CEPO Rep, Mr Andreas Poyiadjis gives us an opportunity to outline the history and responsibilities of that organisation. It is also an appropriate time because the Civilian Establishment and pay Office (CEPO) in Cyprus is 40 years old this year. Its formation in 1949 was as a unit, based near Paedieos Bridge, Nicosia, responsible for the personnel management and pay of all Locally Employed Civilian (LECs) of the

British Army in Cyprus. With the island's independence in 1960 CEPO HQ moved to Dhekelia and in 1961 another office was set up in the WSBA at Episkopi. Later, in 1974, CEPO took over the same responsibilities for all RAF LECs and in 1976 CEPO HQ moved to Episkopi where they remain.

CEPO continue to perform personnel management and pay duties and have added Provident and Medical Funds to their responsibilities. They have a staff of 37 performing these tasks and

they control some 2487 UK MOD LECs on the SBAs and 463 UNFICYP LECs.

UNFICYP has employed LECs since 1964 but it was not until 1976 that an on site CEPO Representative was formally appointed. That was Mr Polycarpos Carlettides who subsequently retired in June 1981 to be replaced by Mr Poyiadjis.

After 44 years service all friends and colleagues wish Mr & Mrs Poyiadjis a long and happy retirement and welcome Mr Theofylactou to UNFICYP.

## LADIES VISIT AUSCON



Happy and out of the dust, the AUSCON ladies who toured the sector.

At the end of July CO Sector 4 invited all AUSCON ladies to visit the sector.

The visit commenced with a briefing by the Commanding Officer after which the ladies visited such interesting places as Pyla, OP 18 (Edeilweiss), the old copper mine at Troulli and finally the convent at Avdhellero. Refreshments were served at the Austrian camp in Athienou.

The ladies showed a keen interest in AUSCON soldiers' working and living conditions. Indeed on return to Famagusta one lady was overheard saying "Now I begin to realise the tough conditions our UN soldiers are working under. Although I am exhausted it was a wonderful day".

## CHILDREN'S DAY IN TROULLI



The 2IC Maj Wildberger with some of the children.



## AUSCON WINS UNFICYP VOLLEYBALL

Sector 3 hosted the UNFICYP Volleyball Competition at the Makarios Stadium on 3rd August 1989.

After two weeks of training and selection, which also included the AUSCON Championship tournament with HQ-Coy in front, our team drove to Nicosia to snatch at least one of the medals! Playing fully concentrated

they reached the final by winning three matches and lost one against CANCON by 21-6 in an outstanding match.

Exhausted, they received for the very first time the winner's plaque and medals from CO Sector 3, Lt Col Appleton.

Our thanks go to the other teams. Next year we'll be ready to defend the title!

## VISIT TO IRCON

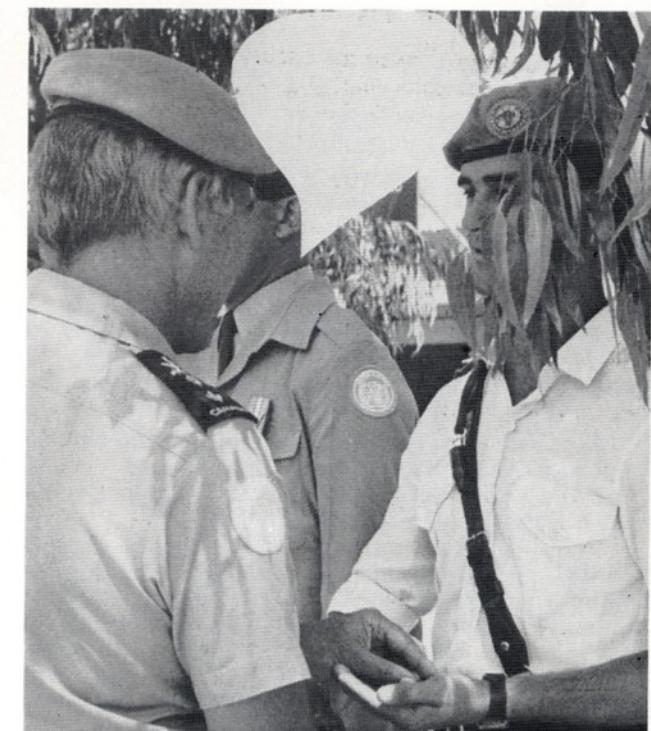


Dr Michael Woods TD, Minister for Social Welfare of Ireland paid an informal visit to members of IRCON at Club Hibernia in September: Mr Woods was attending a Council of Europe meeting in Nicosia.

## QUOTE.....UNQUOTE



The winning entry for August's competition was from Major Gillies from HQ BRITCON (again!).



If you can think of an appropriate caption for the photograph above please let us have your entries by Friday 3rd November. The winning entry will feature in December's magazine. (Anonymous entries will be accepted).

The MPIO office is located opposite the main entrance to HQ UNFICYP.

## 25 YEARS OF UNFICYP

BRITISH UNITS IN UNFICYP SINCE 1964  
(Sector Two and Force Scout Car Squadron)

Sqn-The Life Guards .....	Mar-Oct 64	1st Bn-The Parachute Regiment .....	Oct 76-Apr 77
26 Med Regt-Regiment of Royal Artillery .	Mar-Oct 64	1st Bn-The Royal Irish Rangers (27th (Inniskilling), 83rd and 87th) .....	Apr-Oct 77
1st Bn-The Royal Inniskilling Fusiliers .....	Mar-Oct 64	3rd Royal Tank Regiment .....	Sep 77-Mar 78
1st Bn-The Cheshire Regiment .....	Oct 64-Mar 65	1st Bn-The King's Regiment .....	Oct 77-Apr 78
Sqn-2nd Royal Tank Regiment .....	Oct 64-Apr 65	Sqn-9th/12th Royal Lancers (Prince of Wales's) .....	Mar-Sep 78
1st Bn-Grenadier Guards .....	Mar-Sep 65	1st Bn-The Royal Regiment of Fusiliers .....	Apr-Nov 78
Sqn- 14th/20th King's Hussars .....	Apr 65-Feb 66	Sqn-3rd Royal Tank Regiment .....	Sep 78-Mar 79
1st Bn-The Royal Highland Fusiliers (Princess Margaret's Own Glasgow and Ayrshire Regiment) .....	Sep 65-Mar 66	3rd Bn-The Light Infantry .....	Nov 78-May 79
Sqn-5th Royal Inniskilling Dragoon Guards .....	Feb 66-Jan 68	Sqn-The Life Guards .....	Mar-Sep 79
1st Bn-The Royal Welch Fusiliers .....	Mar-Oct 66	41 Royal Marine Commando .....	May-Nov 79
1st Bn-The Black Watch (Royal Highland Regiment) .....	Oct 66-May 67	Sqn-The Queen's Royal Irish Hussars .	Sep 79-Mar 80
1st Bn-The Duke of Wellington's Regiment (West Riding) .....	May-Dec 67	1st Bn-The Light Infantry .....	Nov 79-May 80
1st The Royal Green Jackets .....	Dec 67-May 68	Sqn-13th/18th Royal Hussars (Queen Mary's Own) .....	Apr-Aug 80
Sqn-4th/7th Royal Dragoon Guards ....	Jan 68-Jan 69	3rd The Royal Green Jackets .....	May-Oct 80
1st Bn-The Durham Light Infantry .....	May-Sep 68	Sqn-The Blues and Royals (Royal Horse Guards and 1st Dragoons) .....	Sep 80-Feb 81
4th Bn-The Light Infantry (V) .....	Sep-Oct 68	3rd Bn-The Royal Anglian Regiment ...	Nov 80-May 81
1st Bn-The Royal Hampshire Regiment .....	Oct 68-May 69	Sqn-The Queen's Royal Irish Hussars ....	Mar-Sept 81
Sqn-3rd Royal Tank Regiment .....	Jan-Jul 69	1st Bn-The Green Howards (Alexandra, Princess of Wales's Own Yorkshire Regiment) .	May-Nov 81
1st Bn-The Worcestershire Regiment .....	May-Oct 69	Sqn-13th/18th Royal Hussars (Queen Mary's Own) .....	Sep 81-Mar 82
Sqn-The Queen's Own Hussars .....	Jun-Dec 69	2nd Bn-The Queen's Regiment .....	Nov-May 82
3rd Bn-The Royal Anglian Regiment ....	Oct 69-May 70	Sqn-The Blues and Royals (Royal Horse Guards and 1st Dragoons) .....	Mar 82-Jan 83
Sqn-The Royal Scots Greys (2nd Dragoons) .....	Jan 70-Jan 71	1st Bn-The Gloucestershire Regiment ....	May-Nov 82
3rd Bn-The Light Infantry .....	Apr-Oct 70	2nd Bn-Grenadier Guards .....	Nov 82-May 83
3rd The Royal Green Jackets .....	Oct 70-Apr 71	Sqn-1st The Queen's Dragoon Guards .....	Jan-Jul 83
Sqn-The Royal Hussars (Prince of Wales's Own) .....	Jan 71-Jun 72	1st Bn-The Queen's Lancashire Regiment .....	May-Nov 83
1st Bn-The Gordon Highlanders .....	Apr-Dec 71	4th Royal Tank Regiment .....	Jul-Nov 83
1st Bn-The Royal Irish Rangers (27th (Inniskilling) 83rd and 87th) .	Dec 71-May 72	2nd Bn-The Royal Anglian Regiment ...	Nov 83-Jun 84
3rd Bn-The Parachute Regiment .....	May-Nov 72	Sqn-16th/5th The Queen's Royal Lancers .....	Nov 83-Jul 84
Sqn-The Royal Scots Dragoon Guards (Carabiniers and Greys) .....	Jun-Dec 72	40 Royal Marine Commando .....	Jun-Dec 84
3rd Bn- The Queen's Regiment .....	Nov 72-May 73	Sqn-The Life Guards .....	Jul 84-Jan 85
Sqn-The Blues and Royals (Royal Horse Guards and 1st Dragoons) .....	Dec 72-Jun 73	1st Bn-The Duke of Edinburgh's Royal Regiment (Berkshire and Wiltshire) .....	Dec 84-Jan 85
1st Bn-The Parachute Regiment .....	May-Nov 73	Sqn-16th/5th The Queen's Royal Lancers .	Jan-Jul 85
Sqn-16th/5th The Queen's Royal Lancers .	Jun-Dec 73	2nd Bn-The Royal Irish Rangers (27th Inniskilling) 83rd and 87th) .....	Jun-Dec 85
5th Royal Inniskilling Dragoon Guards .	Nov 73-May 74	Sqn-1st The Queen's Dragoon Guards .	Jul 85-Jan 86
Sqn-4th/7th Royal Dragoon Guards ....	Dec 73-Jun 74	2nd Bn-The Royal Regiment of Fusiliers .	Dec 85-Jun 86
2nd Bn-Coldstream Guards .....	May-Nov 74	Sqn-The Life Guards .....	Jan-Jul 86
Parachute Squadron, Royal Armoured Corps .....	Jun-Dec 74	3rd Bn-The Parachute Regiment .....	Jun-Dec 86
RHQ & Sqn-16th/5th The Queen's Royal Lancers .....	Jul-Dec 74	Sqn-1st The Queen's Dragoon Guards .	Jul 86-Jan 87
Sqn-4th/7th Royal Dragoon Guards .....	Jul-Aug 74	3rd Bn-The Royal Regiment of Fusiliers .	Dec 86-Jun 87
2 Sqns-The Queen's Royal Irish Hussars .....	Sep 74-Mar 75	Sqn-13th/18th Royal Husars (Queen Mary's Own) .....	Jan-Jul 87
41 Royal Marine Commando .....	Nov 74-Apr 75	1st Bn-The Worcestershire and Sherwood Foresters Regiment (29th/45th Foot) .	Jun-Dec 87
Sqn-1st Royal Tank Regiment .....	9-13 Feb 75	Sqn-9th/12th Royal Lancers (Prince of Wales's) .....	Jul 87-Jan 88
2 Sqns-1st Royal Tank Regiment .....	Mar-Jun 75	1st Bn-The King's Own Royal Border Regiment .....	Dec 87-Jun 88
2 Coy-The Duke of Wellington's Regiment (West Riding) .....	Apr-Oct 75	Sqn-The Life Guards .....	Jan-Jul 88
Sqn-1st Royal Tank Regiment .....	Jun-Oct 75	4th/7th Royal Dragoon Guards .....	Jun-Dec 88
Sqn-4th/7th Royal Dragoon Guards .....	Jun-Sep 75	Sqn-9th/12th Royal Lancers (Prince of Wales's) .....	Jul 88-Jan 89
Sqn-14th/20th Kings Hussars .....	Sep 75-Feb 76	3rd Regiment Royal Horse Artillery .....	Dec 88-Jun 89
1st Bn-Welsh Guards .....	Oct 75-Mar 76	Sqn-The Life Guards .....	Jan-Jul 89
Sqn-The Life Guards .....	Feb-Aug 76	4th Royal Tank Regiment .....	Jun 89-to date
1st The Royal Green Jackets .....	Mar-Oct 76	Sqn-13th/18th Royal Hussars (Queen Mary's Own) .....	Jul 89-to date
Sqn-15th/19th The King's Royal Hussars .....	Aug 76-Sep 77		